



**HOME CARE INSTRUCTIONS FOR FACE – Please read the “important info” sheet before you have your treatment.**

**Please read and follow instructions carefully. If you have any questions call 0410 171 438.**

There is little after pain following your treatment. You will need to purchase aftercare cream available at Distinctive Features, it is an approved safe and effective antiseptic agent that helps protect against infection. Use a smear only approximately 5 times per day for 5 days unless advised differently.

**DO NOT USE ANY OTHER PRODUCT ON THE TATTOO AREA FOR 5 DAYS OR THE COLOUR CAN CHANGE**

**NO** soap, water or cleansers on the treated area for 5 days. No Makeup on the tattoo for 5 days, avoid sweat also for 5 days, daily pat dry and apply your aftercare cream 5 times a day for 5 days

The area where the tattoo has been applied **MUST BE KEPT MOIST** for successful healing, without scabbing. **NO** picking the tattooed area as colour can come away whilst bonding. No scratching the area as it can also pick out the tattoo, just tap the area if itchy.

**LOOKING AFTER YOUR MICRO PIGMENTATION/COSMETIC TATTOO**

GENERAL MAINTENANCE: Apply block out over your Cosmetic Tattoo and wear sunglasses. Exposure to the sun over time can cause fading and colour change. Cover the Tattoo with Vaseline when swimming in salt or chlorinated water to avoid bleaching effect. Any chemicals of any kind could interfere with the bonding process. Any Glycolic Acid or Peels must be kept completely away from the Tattoo as it seems to lighten the colour with constant continuous use. Check moisturisers and cleansers as they can also fade tattoo colour if they contain Vitamins or AHA's.

**Colours will appear DARKER/brighter and more sharply defined immediately following the procedure, colours will lighten and soften in three to ten days. Often clients think they have lost their colour, it has lightened too much, wait four weeks and then judge the result. This is the reason your adjustments have to wait to be done after 4-6 weeks. It is completely normal to lose up to 80% of the colour on the first session, please don't worry, that is why we have a touch up.**

**THE EYEBROWS**

It is unusual to get swelling if so use a cold compress when you get home. There is no after pain, only a slight tenderness around the Eyebrow Tattoo. Immediately after and for the next twenty-four hours continue to wipe the Eyebrows. They will keep a clear fluid (this is normal). Wipe them firmly to remove the fluid otherwise a crusting or scab will build up which is not what we want. Use your aftercare cream sparingly 5 times daily for 7 days.

**THE LIPLINE**

No hot spicy or citrus drinks for next 4 hours. It is usual to get swelling on the lip and more so with a full lip tattoo. Use a cold pack for 5 mins when you get home and again in 3-4 hours if required hours. There is no after pain, only dryness on the lip. Keep moist with Bepanthen Cream, OR Bio protect tube or a Cold Sore Cream (Zovirax Cream) if you suffer with cold sores, alternatively with Bepanthen Cream. Ice can also be used to freeze the virus. The colour after a few days will be lighter, after 4-6 weeks the true colour will show through. The colour will look a little different at various times of the day, due to your own skin responses and different lighting will show a slight colour change. Use must have a touch up colour 4-6 weeks to retain colour. Lipstick cannot be worn for 5 days the cream will give a gloss look anyway. You can also buy 'FAMVIR' from the chemist now to help avoid cold sores. It is 3 pills to take day before, day of and day after. If you feel any adjustment to shape/colour is needed you must allow 4 weeks for the skin to heal.

**EYELINER**

The eye area will feel like windburn. Rest eyes after treatment. It is not necessary to apply aftercare unless you are sensitive or have prolonged swelling, dryness or itching. Do not use mascara or eye make-up for 5 days. You can purchase gel eye drops from the chemist for extra comfort.

**YOU CANNOT DONATE BLOOD FOR 6 MONTHS FOLLOWING ANY COSMETIC TATTOO PROCEDURE**